Essence™: that quality which constitutes or marks the true nature of anything.

What qualities mark the true nature of a perfect protein powder? We asked this question when developing Essence™. We realized rather quickly that run-of-the-mill protein powders could never measure up to the true nature of a perfect protein powder. Those "ordinary" protein powders contain only one source of low-quality protein, clump when stirred into liquid, contain a ton of fat and sugar, taste terrible and produce a chalky or gritty mouthfeel. On the other hand, the qualities of a perfect protein powder are instant and complete spoon mixability in liquid, a combination of several high-quality protein isolates, zero sugar and zero fat, and a taste and mouthfeel which can only be described as heavenly.

Focusing on each of these characteristics, we developed a protein powder that has all of the qualities that mark the true nature of a perfect protein powder. The name of this protein powder is none other than ESSENCE™!

**SUGGESTED USE:** Mix one scoop of Essence™ per 8 ounces of water or milk. For those with lower protein needs, one half scoop may be consumed with 4 ounces of water or milk. Note the extra calories when combined with milk. Consume Essence™ two to three times per day to satisfy your protein requirements. Remember, the best times for supplementing protein are immediately upon rising in the morning, after intense physical activity, such as weight training, and prior to sleep. Essence™ mixes instantly with a spoon and tastes great...GUARANTEED!

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SYNTRAX GUARANTEED QUALITY & PURITY EVERY TIME


Manufactured for:
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SYNTRAX®

# Essence™

ISOLATED PROTEIN BLEND

Aspartame Free

- Mixes Instantly
- Zero Sugar; Zero Fat
- Contains Promina™ Whey Isolate
- Best Tasting Protein On The Market
- Contains Slow-Release Micellar Casein

## CHOCOLATE ESSENCE

Net Weight: 36.0 oz (2.25 lb) (1,021 g)

## Nutrition Facts

Serving Size: 1 Level Scoop (28g)
Servings Per Container: 36

| Amount Per Serving | | % Daily Value* |
|---|---|---|
| **Calories** | 100 | |
| Calories from Fat | 0 | |
| **Total Fat** | 0g | 0%* |
| Saturated Fat | 0g | 0%* |
| Trans Fat | 0g | |
| **Cholesterol** | <5mg | 1%* |
| **Sodium** | 180mg | 8%* |
| **Potassium** | 210mg | 6%* |
| **Total Carbohydrates** | 1g | 1%* |
| Dietary Fiber | 1g | 4%* |
| Sugars | 0g | |
| **Protein** | 23g | 46%* |

| | | | |
|---|---|---|---|
| Vitamin A | 0% | Vitamin C | 0% |
| Calcium | 15% | Iron | 0% |
| Phosphorus | 10% | Magnesium | 10% |

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Protein | | 50g | 65g |

**Calories per gram:**
Fat 9 • Carbohydrate 4 • Protein 4

## Important Amino Acids Per 100 Grams Of Protein

| | |
|---|---|
| Arginine● | 3.6g |
| Glutamine● | 9.3g |
| Histidine* | 2.2g |
| Isoleucine‡* | 5.5g |
| Leucine‡* | 10.0g |
| Lysine* | 9.3g |
| Methionine* | 1.8g |
| Phenylalanine* | 3.8g |
| Threonine* | 6.2g |
| Tryptophan* | 1.9g |
| Valine‡* | 5.5g |

* Essential Amino Acids
‡ Branched-Chain Amino Acids
● Important Nonessential Amino Acids

This product is packed by weight, not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place.

**INGREDIENTS:** Protein blend [dairy proteins (whey protein isolate*, milk protein isolate♦), soy protein isolate▲, hydrolyzed wheat gluten■], dutch processed cocoa powder, natural and artificial flavors, soy lecithin, salt, acesulfame-K, sucralose.

* Promina™ brand; ultrafiltered and undenatured
▲ Ultrafiltered and undenatured
♦ Ultrafiltered and undenatured; includes micellar casein
■ Source of glutamine peptides